

2017-18 Intercollegiate - Singles Short Program Requirements

INTERMEDIATE LADIES / MEN 2:10 max.	Axel: Single or Double	Double or Triple** Jump Immediately preceded by connecting steps or other free skating movements* May not repeat Axel or Solo jump **If triple executed, triple cannot be in Combo	Jump Combination Double/Single, Double/Double, Single/Triple or Double/Triple Must be different from Solo and Axel-type jump	Spin Only one position No change of foot May start with a fly Min. 5 revs.	Spin Combination Only 1 change of foot Must have all 3 basic No flying entry Min. 5 revs. each foot Min. 2 revs in pos.		Step Sequence Fully utilizing the ice surface
NOVICE LADIES 2:30 max.	Axel: Single or Double	Double or Triple Jump Immediately preceded by connecting steps or other free skating movements* May not repeat Double Axel or Solo jump	Jump Combination Double/Double, Double/Triple or Triple/Triple Must be different from Solo and Axel-type jump	Layback or Sideways Leaning Spin, Sit or Camel Spin No change of foot No flying entry Min. 6 revs.		Spin Combination Only 1 change of foot Must have all 3 basic positions. No flying entry Min. 2 revs in pos. Min. 5 revs. each foot	Step Sequence Fully utilizing the ice surface
NOVICE MEN 2:30 max.	Axel: Single or Double	Double or Triple Jump Immediately preceded by connecting steps or other free skating movements* May not repeat Double Axel or Solo jump	Jump Combination Double/Double, Double/Triple or Triple/Triple Must be different from Solo and Axel-type jump	Camel or Sit Spin With only 1 change of foot No change of position No flying entry Min. 5 revs. each foot		Spin Combination With only 1 change of foot Must have all 3 basic positions. No flying entry Min. 2 revs in pos. Min. 5 revs. each foot	Step Sequence Fully utilizing the ice surface
JUNIOR LADIES 2:40 +/- 10 sec	Axel: Single or Double	Double or Triple Lutz Immediately preceded by connecting steps or other free skating movements* May not repeat Double Axel or Solo jump	Jump Combination Double/Double, Double/Triple or Triple/Triple Must be different from Solo and Axel-type jump	Flying Sit Spin Flying pos. may be different than landing pos. Min. 8 revs.	Layback, Sideways Leaning or Sit Spin No change foot No flying entry Min. 8 revs.	Spin Combination With only 1 change of foot Must have all 3 basic positions. No flying entry Min. 2 revs in pos. Min. 6 revs. each foot	Step Sequence Fully utilizing the ice surface
JUNIOR MEN 2:40 +/- 10 sec	Axel: Single, Double or Triple	Double or Triple Lutz Immediately preceded by connecting steps or other free skating movements* May not repeat Double or Triple Axel or Solo jump	Jump Combination Double/Double, Double/Triple or Triple/Triple Must be different from Solo and Axel-type jump	Flying Sit Spin Flying pos. may be different than landing pos. Min. 8 revs.	Camel Spin With only 1 change of foot No flying entry Min. 6 revs. each foot	Spin Combination With only 1 change of foot Must have all 3 basic positions. No flying entry Min. 2 revs in pos. Min. 6 revs. each foot	Step Sequence Fully utilizing the ice surface
SENIOR LADIES 2:40 +/- 10 sec	Axel: Single, Double or Triple	Any Double or Triple Jump Immediately preceded by connecting steps or other free skating movements* May not repeat Double or Triple Axel or Solo jump in combo	Jump Combination Double/Double, Double/Triple or Triple/Triple Must be different from Solo and Axel-type jump	Flying Spin Landing position different than spin in 1 pos Min. 8 revs.	Layback, Sideways Leaning, Sit or Camel Spin ** No change foot No flying entry Min. 8 revs.	Spin Combination With only 1 change of foot Must have all 3 basic positions. No flying entry Min. 2 revs in pos. Min. 6 revs. each foot	Step Sequence Fully utilizing the ice surface
SENIOR MEN 2:40 +/- 10 sec	Axel: Single, Double or Triple	Any Double, Triple or Quadruple Jump Immediately preceded by connecting steps or other free skating movements* May not repeat Double or Triple Axel or Solo jump in combo	Jump Combination Double/Double, Double/Triple, Triple/Triple, Quad/Double, or Quad/Triple Must be different from Solo and Axel-type jump	Flying Spin Landing position different than spin in 1 pos Min. 8 revs.	Camel or Sit Spin With only 1 change of foot No flying entry Min. 6 revs. each foot	Spin Combination With only 1 change of foot Must have all 3 basic positions. No flying entry Min. 2 revs in pos. Min. 6 revs. each foot	Step Sequence Fully utilizing the ice surface

Deductions:

- 0.2 from technical mark for each extra element included
- 0.1 from the technical mark for any spin that is less than required revolutions
- 0.1 from each mark for each technical element skated that is not permitted in the event description

*A single spread eagle, spiral or free skating movement cannot be considered as meeting the requirement

** Biellmann position can only be obtained after minimum spin revolutions has been obtained